



# PRINCIPLE OF STRICT LIABILITY

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YOUR BODY.....

YOUR RESPONSIBILITY

# What Does Strict Liability Mean for Athletes?

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The athlete is solely responsible for any substance which is found in their body, regardless of whether there was intention to cheat or not

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Strict Liability means that athletes should be confident that nothing they ingest or use, including: food, drink, medication, supplements and herbal remedies; contains a prohibited substance.

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It's no excuse to accidentally drink from the wrong bottle, or take the wrong cold remedy, or swallow the wrong pill.

