

Mandatory Education Topics

The Africa Zone VI Regional Anti-Doping Organization (RADO), in conjunction with various partners and stakeholders in member countries facilitates provision of education and awareness to athletes and athlete support personnel.

The following topics are covered in the Anti-Doping Education and Awareness programs:

1.0 Principles and Values Associated with Clean Sport

- 1.1 Sport plays a critical role in the socio-economic, community and cultural development. It is therefore important that for sport to continue to have a positive impact on society it must be characterized by the following core values:
 - 1.1.1 Health
 - 1.1.2 Ethics, Fair Play and Honesty
 - 1.1.3 Athlete Rights
 - 1.1.4 Excellence
 - 1.1.5 Character and Education
 - 1.1.6 Fun and enjoyment
 - 1.1.7 Teamwork
 - 1.1.8 Dedication and commitment
 - 1.1.9 Respect for rules and laws
 - 1.1.10 Respect for Self and Other Participants
 - 1.1.11 Courage
 - 1.1.12 Community and solidarity

2.0 The Roles & Responsibilities of Athletes, Athlete Support Personnel and Other Groups

2.1 Roles and Responsibilities of Athletes

- 2.1.1 To be knowledgeable of and comply with existing National Anti-Doping Rules (NADR) and the World Anti-Doping Code.
- 2.1.2 To be available for *Sample* collection at all times.
- 2.1.3 Strict Liability – to take responsibility, in the context of anti-doping, for what they ingest and *Use*.
- 2.1.4 To inform medical personnel of their obligation not to Use Prohibited Substances and Prohibited Methods and to take responsibility to make sure that any medical treatment received does not violate the anti-doping policies, NADR and the Code.
- 2.1.5 To disclose to their National Anti-Doping Organization and International Federation any decision by a non-Signatory finding that the Athlete committed an anti-doping rule violation within the previous ten years.
- 2.1.6 To cooperate with Anti-Doping Organizations investigating anti-doping rule violations.
- 2.1.7 To disclose the identity of their Athlete Support Personnel upon request by any Anti-Doping Organization with authority over the Athlete.

2.2 Roles and Responsibilities of Athlete Support Personnel.

- 2.2.1 To be knowledgeable of and comply with all anti-doping policies and rules adopted pursuant to the Code and which are applicable to them or the Athletes whom they support.
- 2.2.2 To cooperate with the Athlete Testing Program
- 2.2.3 To use their influence on Athlete values and behaviour to foster anti-doping attitudes
- 2.2.4 To disclose to their National Anti-Doping Organization and International Federation any decision by a non-Signatory finding that they committed an anti-doping rule violation with the previous ten years.
- 2.2.5 To cooperate with the Anti-Doping Organization investigating anti-doping rule violations.
- 2.2.6 Athlete Support Personnel shall not Use or Possess any Prohibited Substance or Prohibited method without valid justification.

2.3 Roles and Responsibilities of other Persons Subject to the Code.

- 2.3.1 To be knowledgeable of and comply with all anti-doping policies and rules adopted pursuant to the Code and which are applicable to the them.
- 2.3.2 To disclose to their National Anti- Doping Organization and International Federation any decision by non- Signatory finding that they committed an anti-doping rule violation within the previous years.
- 2.3.3 To cooperate with Anti-Doping Organizations investigating anti-doping rule violations.