



## Anti-Doping Activity Summary

**Period: June 2021 – June 2022**

**Country: Sierra Leone**

**Member Country Representative: Joseph Nyande**

|   | Major Accomplishments /Focus Areas  | Comments/Remarks  |
|---|---|---|
| 1 | <b>Anti-Doping Education Programs:</b><br><br>We held two major events in Anti-Doping during 2021/2022.<br>These were: <ol style="list-style-type: none"> <li>Anti-Doping Education for sporting associations, especially those participating in the Tokyo 2020 Olympic Games.</li> <li>It was organised by the Medical and Anti-Doping Association of Sierra Leone.</li> <li>It was held at the Olympafrica Centre in Goderich, Near Freetown.</li> <li>Topics that were covered:               <ol style="list-style-type: none"> <li>Therapeutic Use Exemption</li> <li>Whereabouts</li> <li>The Negativities of the use of Performance Enhancing drugs and Doping.</li> <li>The dos and don'ts of Anti-Doping</li> <li>Basic rules of anti-doping</li> <li>The use of banned substance</li> </ol> </li> </ol> | Funds and logistics to organize these activities were provided by the National Olympic Committee. |
| 2 | <b>Doping Control Testing Program:</b><br><br>1. Total No. Tests: <ul style="list-style-type: none"> <li>In – Competition: <input type="text"/></li> <li>Out-of-Competition: <input type="text"/></li> </ul>  | We did not organize any testing   |
| 3 | <b>Code Compliance &amp; Program Development:</b><br><br>We are working hard in these areas: <ol style="list-style-type: none"> <li>Risk assessment</li> <li>Trying to settle the issues related to ADAMS</li> </ol>  | We are working on ADAMS   |

|   |  |   |
|---|--|---|
|   | 3. We have also contacted Ministry of Sports for the payment of dues to WADA and Zone V  |   |
| 4 | <b>Capacity Development / Training:</b><br><br>In consultation with WADA and RADO, we were able to organize a Doping Control Officers training in Sierra Leone. Two trainers visited Sierra Leone in July, 2022 and Organized a 2 days training course in Freetown. Out of the 6 participants, 5 of them attended.   | There has been a follow-up program in the form of online courses, examinations and training undertaken by the DCOs.<br>Two of them attended the training here in Uganda.  |
| 5 | <b>National Stakeholder Relations / Engagement:</b><br><br>The Sierra Leone Anti-Doping organization has been meeting with various stakeholders including; <ul style="list-style-type: none"> <li>a. Ministry of sports officials</li> <li>b. National Sports Authority</li> <li>c. National Olympic Committee</li> <li>d. Coaches</li> <li>e. Athletes</li> <li>f. Doping Control Officers</li> </ul><br>Discussion points <ul style="list-style-type: none"> <li>1. The continuation of a sustainable Anti-Doping Association in Sierra Leone</li> <li>2. Discussion with stakeholders on how we can implement Doping Education.</li> <li>3. Preparation for testing of athletes in Sierra Leone by DCOs.</li> <li>4. An update on the training of DCOs and their function.</li> </ul> | The National Sports Authority, The National Olympic Committee and Ministry of sports are working together on the testing of athletes.<br>Secondly, we are working together to set up the anti-doping education program in Sierra Leone. |
| 6 | <b>Anti-Doping Program Budget / Resource Mobilization:</b><br><br>The National Sports Authority, The National Olympic Committee and Ministry of sports are working together to   | We are making efforts to access funds from the following sources:   |

|   |   |   |
|---|---|---|
|   | <p>implement the Anti-Doping program and training in Sierra Leone.</p> <p>The Medical commission and the Anti-Doping Association of Sierra Leone is trying to source funding from the Olympic Solidarity and Government for the implementation of activities that are being organized by us.</p> <p>Also, we have been supported by WADA and RADO financially to organize the Doping Control Officers meeting in Freetown.</p>  | <ol style="list-style-type: none"> <li>1. Government through the National Sports Authority.</li> <li>2. Applying for programs to the Olympic Solidarity through the National Olympic Committee.</li> <li>3. Ministry of sports</li> </ol> |
| <b>Key Activities Forecast for Next year:</b> |   |   |
|   | <p>We plan to organize the following activities next year;</p> <ol style="list-style-type: none"> <li>1. Continue the DCOs training which has been started.</li> <li>2. Anti-Doping Education for athletes and officials for the Olympic Games in Paris 2024.</li> <li>3. The NOC plans to organize an Olympic Solidarity education program – especially in the area of the use of banned substances, anabolic steroids, therapeutic use exemption, and related activities.</li> <li>4. We plan to request for specialist personnel from WADA and RADO to serve as experts during the Anti-Doping course in Sierra Leone.</li> <li>5. Sierra Leone will start Anti-Doping test in collaboration with RADO Zone V.</li> <li>6. CCQ Review and other code compliant related activities.</li> <li>7. Outreach programs to be undertaken by the DCOs</li> </ol> | <p>Organize Anti-Doping course in Sierra Leone that will be sponsored by the Olympic Solidarity and the National Olympic Committee of Sierra Leone.</p> <p>Start testing athletes in Sierra Leone.</p>                                    |