

*Stay Clean, Win Right*



ANTI-DOPING  
AGENCY  
OF KENYA

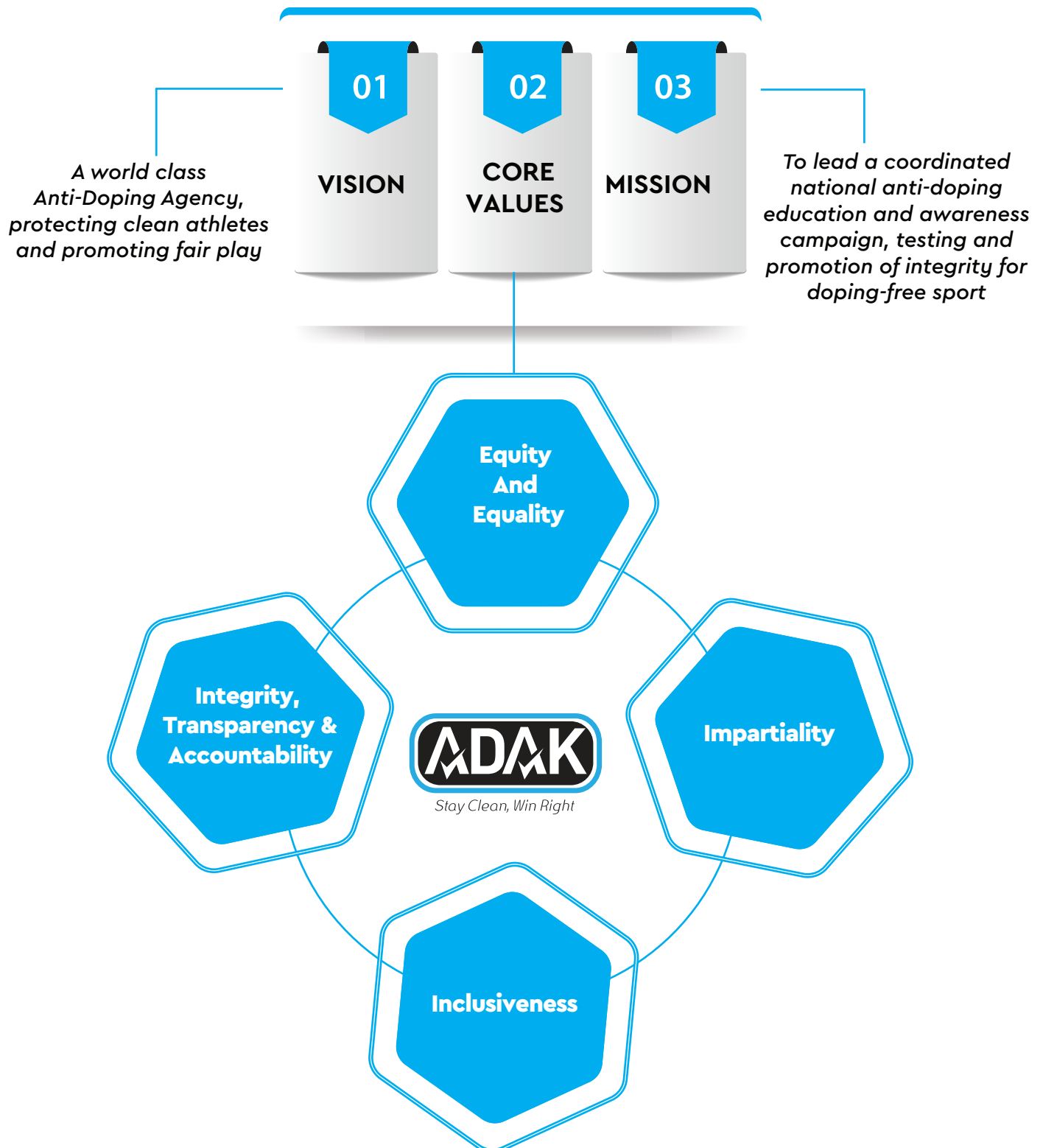


# ANNUAL REPORT

**2021-2022**

## WHO WE ARE

***The Anti-Doping Agency of Kenya (ADAK) is a body corporate established under the Anti-Doping Act, 2016. The Agency is the only organization permitted to carry out Anti-Doping activities in Kenya and its authority shall be recognized by all national federations***





## ADAK BACKGROUND

Kenya is a signatory to the 2005 UNESCO Convention against Doping in Sports. Article 5 of the Convention states that, "In abiding by the obligations contained in this convention, each State Party undertakes to adopt appropriate measures. Such measures may include legislation, regulation, policies or administrative practices".

In addition to the above, Article 22 of the World Anti-Doping Code 2015 further specified that each Government will put in place measures to enhance cooperation and sharing of information and data with Anti-Doping Organizations as provided in the Code.

It is against this background that the Government of Kenya established the Anti-Doping Agency of Kenya (ADAK) vide Anti-Doping Act No. 5 Of 2016 as a State Corporation. In 2011, the Ministry of Sports together with the National Olympic Committee of Kenya (NOCK) formed what was called the Kenya Anti-Doping Agency (KADA). The establishment of KADA enabled Team Kenya to participate in the 2012 London Olympics. However, KADA lacked legal backing hence it was not sustainable. As a short-term measure, His Excellency the President established the Anti-Doping Agency of Kenya (ADAK) through an Executive Order of November 2015.

The Executive Order was followed by a Legal Notice No.256 of 24th December 2015. Even then all those measures did not meet World Anti- Doping Agency (WADA) requirement of establishing a National Anti-Doping Organization (NADO). Thus the Anti- Doping Agency of Kenya (ADAK) was legally established through an Act of Parliament after the enactment of the Anti-Doping Bill to an Anti- Doping Act, No.5 on 22nd April 2016.

Since its establishment ADAK has conducted sensitization and awareness campaigns that were conducted during various anti-doping outreach and workshop activities. In addition, numerous doping tests have been carried out among athletes from various sports disciplines and levels. The Agency has also trained adequate numbers of Anti-Doping Educators, Doping Control Officers and Chaperones and Phlebotomists who work on volunteer basis.

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## PREVIOUS BOARD MEMBERS

 **Amb. Daniel Makdwallo**  
CHAIRMAN

 **Mr. Japhter K. Rugut, EBS**  
Chief Executive Officer – ADAK

 **Prof. Dr.Dr. Moni Wekesa**  
Board Member

 **Kenneth Thimba**  
Board Member

 **Kathryne Maundu**  
Board Member

 **Dr. Angela Koech**  
Board Member

 **Douglas Wakiihuri**  
Board Member

 **Esther Waweru**  
Representative PS National Treasury

 **Issac Odek**  
Representative Inspectorate of State Corporations

 **Fred Mwachi**  
Representative Attorney General's Office

 **Rose Wachuka**  
Representative PS State Department of Sports



## CURRENT BOARD MEMBERS



**Amb. Daniel Makdwallo**

**CHAIRMAN**



**Ms. Sarah Shibutse**

**Ag.Chief Executive Officer – ADAK**



**Dr. Angela Koech**

**Board Member**



**Dr. Somane Ismail**

**Board Member**



**Kathryne Maundu**

**Board Member**



**Amb. Cleland Leshore**

**Board Member**



**George Murila**

**Board Member**



**Fred Mwachi**

**Representative Attorney General's Office**



**Samuel Mugambi**

**Representative PS State Department of Sports**



**Representative PS National Treasury**



**Joyce Wesonga**

**Representative Inspectorate of State Corporations**



# MANAGEMENT TEAM

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**SARAH SHIBUTSE**  
Ag.CHIEF EXECUTIVE OFFICER

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**DR. AGNES MANDU**  
DIRECTOR, ANTI-DOPING  
EDUCATION AND RESEARCH

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**PENINAH WAHOME**  
Ag.DIRECTOR, STANDARDS &  
COMPLIANCE

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**EDNAH KOITIE**  
MANAGER,  
HUMAN CAPITAL &  
ADMINISTRATION

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**KENNEDY MUNGAI**  
ASS. MANAGER,  
INTERNAL AUDIT







## MESSAGE FROM THE ACTING CHIEF EXECUTIVE OFFICER

**SARAH SHIBUTSE**

ADAK is now marking close to six years since establishment in the year 2016 through the Anti-Doping Act of 2016. Our resolve is and will always be to stay competitive and innovative in a fast-changing world of sport and to prepare our champions by investing in their skills, in their ability to adapt to change, and to innovate without having to resort to cheating and dishonesty.

The Agency continues to benefit a lot from goodwill from Kenya's political leadership, the Kenyan public at large, as well as, guidance and support from international partnerships. The World Anti-Doping Agency (WADA), Anti-Doping Norway (ADNO), United Kingdom Anti-Doping (UKAD), and the Regional Anti-Doping Organization (RADO, Africa Zone V) have been on hand all

along the way with support on best practices, capacity building and other related backing.

Internally, we continue to work with other Government Agencies and bodies whose processes impact directly and indirectly on the operational mandate of ADAK. These include, but are not limited to, the Directorate of Criminal Investigations (DCI) of the Kenya Police Service; particularly the Anti-Narcotics unit, The Department of Immigration, The Kenya Medical Practitioners and Dentists Council (KMPDC), Kenya Pharmacy and Poisons Board (KPPB) and the National Registration Bureau among others.

Operational documents and protocol have been, and continue to be, developed to protect information and materials shared with these bodies.

A busy year it has been whose highlights include the United Nations Educational, Scien-

tific and Cultural Organization (UNESCO) International Conference against Doping in Sport and the progressive partnership meeting between ADAK and the National Anti-Doping Agency of Ghana that seeks to establish a NADO and enhance Ghana's competencies in the anti-doping program.

ADAK also ensured that Kenyan athletes participating at major events – the 2020 Tokyo Olympics, the Deaflympics held in Brazil, the World Athletics Senior Championships held in Eugene and the Birmingham 2022 Commonwealth Games – did so clean after undergoing various anti-doping education sessions and doping control tests. In all these, ADAK gave a good account of itself, even as it continues to enhance its capacity through competitive recruitment of Staff and training of the personnel to achieve the required level of competence.





Ag. Chief Executive Officer Ms. Sarah Shibutse shakes hands with Dr. Nana Ayew Afriye from Ghana after the partnership agreement signing between ADAK and the National Anti-Doping Committee of Ghana.



Ag. Chief Executive Officer Ms. Sarah Shibutse (centre) poses for a group photo with officers from the Kenya Society of the Blind (KSB) led by their Executive Director Mr. Samson Waweru when they paid her a courtesy call at ADAK offices in Nairobi on May 26th.





# SUMMARY OF TESTS





**FIRST QUARTER**

(July - September)

No.	Description	OOCT	ICT
1.	URINE	53	41
2.	URINE & ABP	47	-
3.	BLOOD	-	-
<b>TOTAL</b>		<b>141</b>	

**SECOND QUARTER**

(October - December)

No.	Description	OOCT	ICT
1.	URINE	78	66
2.	URINE & ABP	70	6
3.	BLOOD	1	-
<b>TOTAL</b>		<b>221</b>	

**THIRD QUARTER** (January - March)

No.	Description	Activity	OOCT	ICT
1.	URINE	TDP	153	77
		WORLD CHAMPIONSHIPS	23	
2	URINE & ABP		12	
3	BLOOD & URINE		21	
<b>TOTAL</b>				<b>286</b>

**FOURTH QUARTER** (April - June)

No.	Description	Activity	OOCT	ICT
1.	URINE	TDP	88	39
		DEAFLYMPICS	134	-
		COMMONWEALTH	113	-
		WORLD CHAMPIONSHIPS	70	-
2.	URINE & ABP	TDP	58	-
		WORLD CHAMPIONSHIPS	13	-
		COMMONWEALTH	8	-
3.	BLOOD & URINE		-	-
<b>TOTAL</b>				<b>588</b>





Highlight of the the 21st edition of the Kenya Clinical Officers Association (KCOA) annual conference when ADAK anti-doping education and research team hosted the Cabinet Secretary for Health – Hon. Mutahi Kagwe, EGH at the ADAK exhibition booth.



Former ADAK Chief Executive Officer Mr. Japhter K. Rugut, EBS (center) together with Dr. Agnes Mandu, Dir. Anti-Doping Education and Research pose for group photo with the beneficiaries of the World Anti-Doping Agency (WADA) Funded Social Science Research Projects for 2021 who paid him a courtesy call at the Agency's offices in Nairobi.







## THERAPEUTIC USE EXEMPTION



# THERAPEUTIC USE EXEMPTION APPLICATIONS FOR THE FINANCIAL YEAR 2021/2022

**Total applications received – 3**

**Applications Reviewed – 3**

**Applications Rejected – 2**

**\* One application was reviewed and the committee concluded that the athlete did not require a TUE**



A man in a light blue polo shirt with "ANTI-DOPING EDUCATOR" printed on the back is leaning over a green table, interacting with a group of young men. The man is wearing glasses and a dark belt. The young men are sitting at the table, looking at the educator. One young man is wearing a white jacket with a black collar and a red Nike logo. There are papers and a water bottle on the table. The background shows a room with orange curtains and a wooden ceiling.

## WORKSHOP & OUTREACH PROGRAMS

ANTI-DOPING  
EDUCATOR



## List of workshop and outreach programs conducted within 2020/2021 Financial year

### FIRST QUARTER

No.	Activity/ Description	Dates and Venue		Method of Presentation	No. Reached	Cumulative Figure
1.	Kenya Rugby Union 15 Asides	1/7/2021	KICD	Workshop	40	40
2.	AK trials for under 20 championships	2/7/2021	Kasarani	Outreach	234	274
3.	Swimming Coaches Workshop	3/7/2021	KICD	Workshop	50	324
4.	Deaf Football Championship	3/7/2021	University of Nairobi	Outreach	160	484
5.	Chematui Foundation Road Race	10/7/2021	Iten	Outreach	256	740
6.	KICOSCA NGC and LOC meeting	13/7/2021	Embu	Workshop	55	795
7.	FKF Coaches Workshop	14/7/2021	Nairobi	Workshop	28	823
8.	Kenya Paralympic Team	15/7/2021	Nairobi	Workshop	35	858
9.	Deaflympics workshop	10/9/2021	Pride Inn Azure	Workshop	113	971
10.	Vihiga AK Officials	26/8/2021	Sosa cottages	Workshop	80	1051
11.	Deaflympics Outreach	10/9/2021	Pride Inn Azure	Outreach	400	1451
12.	Catch ball Federation	18/08/2021	KICD	Workshop	29	1480
13.	Baseball Federation Workshop for NYS	13/08/2021	Yatta	Workshop	40	1520
14.	Kenya Pharmacists Association annual conference	16/09/2021	Pride Inn-Mombasa	Workshop	604	2124
15.	Murang'a Games Teachers	25/09/2021	Muranga	Workshop	50	2134





## SECOND QUARTER

No.	Activity/ Description	Dates and Venue		Method of Presentation	No. Reached	Cumulative Figure
16.	Bomet Games Teachers	2/10/2021	Bomet	Workshop	104	2278
17.	Busia Games Teachers	2/10/2021	Busia	Workshop	95	2373
18.	Stanchart Warm Races	3/10/2021	Karura Forst	Outreach	75	2448
19.	Catch ball Federation	13/10/2021	KICD	Workshop	22	2470
20.	Heroes Foundation Volleyball Tournament	16-17/10/2021	Koitaleel University College	Outreach	327	2797
21.	Para volley inter-county championship	22-10/2021	London social hall	Outreach	157	2904
22.	Kenya Clinical Officers Association- Annual Conference	27-29/10/2021	Pride Inn Shanzu	Workshop	300	3204
23.	Stanchart Marathon	31/10/2021	Canviore Grounds	Outreach	217	3421
24.	Kenya Pharmaceutical Association Nairobi Branch	5/11/2021	Pride Inn Westlands	Workshop	250	3671
25.	University and Colleges students UoE	6/11/2021	Eldoret	Workshop	92	3763
26.	1st AK Cross Country Meet	6/11/2021	Machakos	Outreach	192	3953
27.	2nd AK Cross Country Meet	13/11/2021	Iten	Outreach	326	4279
28.	KICOSCA Games	17-18/11/2021	Embu	Outreach	430	4709
29.	All African Universities Cross Country	20/11/2021	Juja	Outreach	73	4782
30.	3rd AK Cross Country Meet	20/11/2021	Ol Kalou	Outreach	328	5110
31.	Ulinzi Basketball Team	22-10/2021	Pride inn	Workshop	20	5130
32.	Africa Athletics Masters Championship	24-25/11/2021	Nyayo Stadium	Outreach	228	5358
33.	KPA Conference in Kisii	25/11/2021	Kisii	Workshop	100	5458



34.	4th AK Cross Country Championship	27/11/2021	Kapsokwony	Outreach	239	5697
35.	Nakuru City Half Marathon	28/11/2021	Nakuru	Outreach	203	5900
36.	Clinical Officers in Vihiga	1/12/2021	Vihiga	Workshop	70	5970
37.	Kitale Secondary Games Teachers	2/12/2021	Kitale	Workshop	130	6100
38.	KPA North Rift	3/12/2021	Eldoret	Workshop	30	6130
39.	Kitale Hockey tournament	04-05/12/2021	St Antony school kitale	Outreach	541	6671
40.	Elgeyo Marakwet marathon	05/12/2021	Iten	Outreach	172	6843
41.	KYISA Workshop	12/12/2021	Kwale	Workshop	31	6,874
42.	Kibabii Outreach	18-20/12/2021	Kibabii University	Outreach	517	7391
43.	Kisumu Clinical Officers	22/12/2021	Kisumu	Workshop	80	7471

## THIRD QUARTER

No.	Activity/ Description	Dates and Venue		Method of Presentation	No. Reached	Cumulative Figure
44.	AK Cross Country Athletics	21/01/2022	Eldoret	Workshop	493	7,964
45.	National Cross-Country Championship	22/01/2022	Kapseret	Outreach	379	8,343
46.	KCB Sponsored Teams-Football and Volleyball	26/01/2022	Nairobi	Workshop	79	8422
47.	Kakamega Teams Workshop (Wazito FC, MMUST RFC)	28/01/2022	Kakamega	Workshop	82	8,504
48.	Discovery Cross Country Championship	30/01/2022	Eldoret	Outreach	419	8923
49.	Workshop for RTP Athletes	5/11/2020	Nyeri, Kericho, Iten, Eldoret and Nairobi	Workshops	47	8970
50.	ADAK Chaperones' Training	10-11/02/2022	Naivasha	Workshop	36	9006
51.	Agnes Tirop Memorial World XC	12/02/2022	Eldoret	Outreach	360	9366



52.	Tusker Football Club	17/02/2022	Nairobi	Workshop	60	9426
53.	Kenya Handball Federation	18/02/2022	Nairobi	Workshop	175	9601
54.	Mt Kenya Mountain Run	26/02/2022	Meru	Outreach	200	9801
55.	AK Probable Athletes	1st,3rd and 9th March 2022	Nairobi, Eldoret and Kapsabet	Workshop	138	9939
56.	Karate Federation	6/03/2022	Thika	Workshop	177	10116
57.	Rugby Teams in Nairobi	5/03/2022	Nairobi	Workshop	10	10,126
58.	Kenya Table Tennis Commonwealth /Youth Games Qualifiers	11-12/03/2022	Nairobi	Workshop	55	10181
59.	Kenya Swimming Federation Long Course	13/03/2022	Nairobi	Outreach	206	10387
60.	Kenya Triathlon Youth Games Qualifiers	13/03/2022	Nairobi	Outreach	27	10414
61.	AK Track and Field Weekend Meet	19/03/2022	Mumias Sports Complex	Outreach	237	10651
62.	Kisii Clinical Officers	21/03/2022	Kisii	Workshop	90	10,741
63.	Nyamira Clinical Officers	22/03/2022	Nyamira	Workshop	90	10,831
64.	Kenya Boxing Team Qualifiers	23/03/2022	Nairobi	Workshop	40	10871

## FOURTH QUARTER

No.	Activity/ Description	Dates and Venue		Method of Presentation	No. Reached	Cumulative Figure
65.	Meru Cycling	02/04/2022	Meru	Outreach	90	10,961
66.	National Youth chess championship	5/04/2022	Mombasa	Outreach	540	11501
67.	Kisii Workshop ASP/ATHLETES	7-8/04/2022	Kisii	Workshop	170	11671





68.	Eldoret City Marathon	10/04/2022	Eldoret	Outreach	276	11,947
69.	Kenya Deaflympics Team	12/04/2022	Kasarani	Workshop	135	12082
70.	Kenya Deaflympics Team	13/04/2022	Pride Inn	Workshop	71	12,153
71.	KYISA Games	11/04/2022	Masai Tech Kajiado	Workshop	42	12195
72.	KYISA Games	14/04/2022	Kajidao County	Outreach	400	12595
73.	NOCK Youth Camp	15/04/2022	KU Ruiru Campus	Workshop	176	12771
74.	AK Nationals Championship	26-27/04/2022	Kasarani	Outreach	280	13051
76.	Africa Triathlon Championship	30/04/2022	Watamu Malindi	Outreach	23	13074
77.	Elite Swimmers Workshop	05/05/2022	Aquatics Centre Kasarani	Workshop	16	13090
78.	National Swimming Selection Meet	06/ 05/2022	Kasarani Aquatic Stadium	Outreach	61	13151
79.	Commonwealth Games Team Managers Anti-Doping workshop	12/05/2022	Golden Tulip	Workshop	29	13180
80.	Elite Athletes Workshop Probables	18/5/2022	Comfort Hotel Nyahururu	Workshop	62	13242
81.	Workshop Swimmers Parents	24/05/2022	Virtual	Workshop	26	13268
82.	Team Kenya for Africa Senior Athletics. Championships	13/03/2022	31/05/2022	Workshop	65	13,333
83.	Commonwealth teams (Boxing, Weightlifting, Judo, Basketball)	1- 2/6/2022	Stadium Hotel.	Workshop	78	13411
84.	Commonwealth teams (bowling squash, Table tennis)	3/06/2022	Kasarani	Workshop	11	13,422
85.	Commonwealth teams Hockey and Triathlon.	7/06/2022	Stadium Hotel.	Workshop	31	13453
86.	10th Africa University Games	8-9/06/2022	Kenyatta University	Outreach	339	13792
87.	Commonwealth teams (Cycling and paracycling)	10/06/2022	Murang'a	Workshop	10	13802



88.	Commonwealth teams (Rugby and Badminton)	16/06/2022	Kasarani	Workshop	28	13830
89.	Commonwealth Marathon Team	17/06/2022	Nobel Hotel Eldoret	Workshop	20	13850
90.	AK Trials for World Championship and Commonwealth Games	24/06/2022-25/06/2022	Kasarani Stadium	Outreach	71	13921
91.	KRU 15 Aside	25/06/2022	KICD	Workshop	48	13969
92.	Workshop for secondary school athletes	27/06/2022-28/06/2022	St. Anthony Kitale	Workshop	326	14295





Former ADAK Chief Executive Officer Mr. Japhter K. Rugut, EBS officially opens the 17th Kenya Pharmaceutical Association Annual Scientific Conference the in Mombasa County on September 16th 2021.



Participants pose with their freebies that they received from the ADAK anti-doping education team after taking part in an anti-doping education quiz during an outreach session at Kibabii University.





# RESULTS MANAGEMENT





# RESULTS MANAGEMENT CASE STATISTICS FOR THE FINANCIAL YEAR 2021/2022

**Total cases received – 18**

**Total number of samples collected – 15**

**Appeals – 3**

**Presence of prohibited substance – 13**

**Whereabouts failure – 1**

**Refusal to submit to doping control – 1**

**Samples collected by ADAK – 13**

**Samples collected by other ADOs – 2**

**Athletics – 14**

**Football – 4**

**Male – 8**

**Female – 10**





Former ADK Chief Executive Officer Mr. Japhter K. Rugut, EBS follows the proceedings during the 21st edition of the Kenya Clinical Officers Association (KCOA) annual conference that took place in Paris, France on October 2021



ADAK anti-doping educators pitch tent at the 21st edition of the Kenya Clinical Officers Association (KCOA) annual conference. ADK seeks to have a high number of medical professionals getting involved in the eradication of doping in sport.







# STATEMENT OF ACCOUNTS

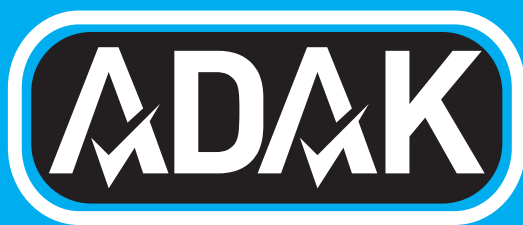
## STATEMENT OF FINANCIAL PERFORMANCE FOR THE YEAR ENDED 30 JUNE 2022

	2021 - 2022 Kshs	2020 - 2021 Kshs
<b>Incomes</b>		
<b>Revenues from Non-exchange Transaction</b>		
Transfers from other govt entities	343,267,330	264,530,339
<b>Sub-Total</b>	<b>343,267,330</b>	<b>264,530,339</b>
<b>Revenues from exchange Transactions</b>		
Rendering of services	12,940,138	6,243,640
<b>Sub-Total</b>	<b>12,940,138</b>	<b>6,243,640</b>
<b>Total Revenues</b>	<b>356,207,468</b>	<b>270,773,979</b>
<b>Expenses</b>		
Employees Costs	93,632,272	82,796,127
Remuneration of Directors	6,534,978	4,357,506
Repairs and Maintenance	19,829,940	10,986,911
General & Programme Expenses	221,995,327	173,797,671
Depreciation expense	7,852,967	9,619,705
<b>Total Expenses</b>	<b>349,845,484</b>	<b>281,557,920</b>
<b>Deficit for the Year</b>	<b>6,361,984</b>	<b>(10,783,940)</b>





*Kenya is a signatory to the 2005 UNESCO Convention against Doping in Sports. Article 5 of the Convention states that, "In abiding by the obligations contained in this convention, each State Party undertakes to adopt appropriate measures. Such measures may include legislation, regulation, policies or administrative practices"*



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